



## B.V. Patel Institute of Management, Uka Tarsadia University



Date: 24-01-2024

### **Session on Importance of Spiritual Education for Management Studies**

**Objective of the Session:** The session aimed to enlighten participants on essential life principles encapsulated by the four pillars of Maitri, Pramod, Karuna, and Upeksha.

**Outcomes of the Session:** At the end of session, students able understand how to spiritual education can help to grow in the respective field.

Date:	24-01-2024
Time:	9:30 am to 11:00 am
Venue:	Manjula Auditorium, Uka Tarsadia University
No. of Students:	FYBBA
Name of speaker:	Mr. Pramodbhai Patel
Coordinator:	Dr. Kruti Bhatt, Ms. Bhavana Patel. Dr. Taral Patel, Mr. Zaki Shekh
Category:	Spiritual Cell

On 24/01/2024, a thought-provoking session on Moral Science was conducted by Shri Pramodbhai Patel, the esteemed grandson of Bhuladada. The expert was felicitated by Dr. Nasriwala and Dr. Vijay Gondalita. Dr. Vijay Gondaliya has introduced the expert. The session aimed to enlighten participants on essential life principles encapsulated by the four pillars of Maitri, Pramod, Karuna, and Upeksha. Shri Pramodbhai Patel, with his deep understanding and wisdom, provided insights into the significance of these pillars and how individuals can adopt and implement them in their lives.

Shri Pramodbhai Patel commenced the session by emphasizing the importance of Moral Science in navigating the complexities of life. He introduced the four pillars, drawing inspiration from the rich heritage and teachings of his grandfather, Bhuladada.

### **1. Maitri (Friendship and Compassion):**

Shri Pramodbhai Patel elaborated on the first pillar, Maitri, highlighting the profound impact of friendship and compassion in building strong and meaningful connections with others. He stressed the need for genuine relationships based on trust, empathy, and support.

### **2. Pramod (Joy and Enthusiasm):**

The second pillar, Pramod, was discussed as an essential aspect of leading a fulfilling life. Shri Pramodbhai Patel encouraged participants to cultivate joy and enthusiasm in their daily endeavors, fostering a positive mindset and enhancing overall well-being.

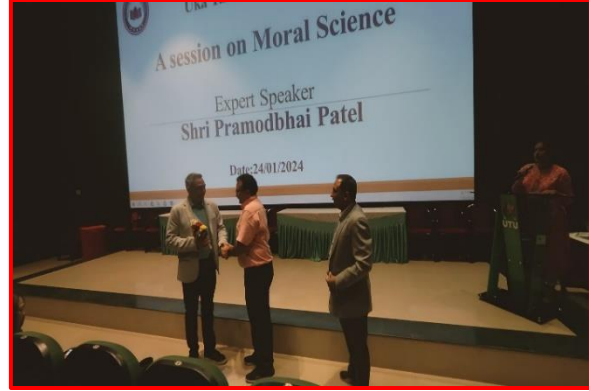
### **3. Karuna (Compassion and Empathy):**

Shri Pramodbhai Patel delved into the third pillar, Karuna, emphasizing the significance of compassion and empathy in dealing with the challenges faced by individuals and communities. He shared anecdotes and practical examples to illustrate how acts of kindness can bring about positive transformations.

### **4. Upeksha (Equanimity and Detachment):**

The final pillar, Upeksha, was elucidated as a principle of maintaining equanimity and detachment in the face of success and failure. Shri Pramodbhai Patel guided participants on achieving balance in life, emphasizing the importance of not being swayed by extremes.





Shri Pramodbhai Patel provided practical insights on how participants could adopt and implement these principles in their lives. He highlighted the need for self-reflection and mindfulness to cultivate these virtues, encouraging individuals to incorporate them into their daily actions and decisions. At the end, Dr. Kruti Bhatt has given vote of thanks. The session was full of wisdom and life lessons.

